

# At Home in Steamboat Springs Grocery List

Phone 970-870-6600  
Fax to 970-879-5063

## Produce Items

### Fruits:

Apples  
Bananas  
Blueberries  
Cantaloupe  
Grapes  
Lemons  
Limes  
Nectarines  
Oranges  
Peaches  
Pears  
Plums  
Strawberries  
Watermelon  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
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### Vegetables:

Asparagus  
Avocado  
Broccoli  
Cabbage  
Carrots  
Cauliflower  
Celery  
Corn  
Cucumbers  
Garlic  
Lettuce  
Mushrooms  
Onions  
Peppers  
  Red/Grn/Yellow  
Potatoes  
Spinach  
Squash  
Sweet Potatoes  
Tomatoes  
Zucchini  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

## Canned Fruits:

Cherries  
Mixed Fruit  
Peaches  
Pears  
Pineapples  
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## Meat Items

### Beef:

Ground  
Hamburger  
Roast  
Steaks  
\_\_\_\_\_  
\_\_\_\_\_

### Chicken:

Boneless Breast  
Breast w/ Bone  
Legs  
Thighs  
Whole Chicken  
Wings  
\_\_\_\_\_  
\_\_\_\_\_

### Deli Meat:

Ham  
Roast Beef  
Turkey smoked/peppered/roast  
\_\_\_\_\_  
\_\_\_\_\_

### Pork:

Bacon  
Chops  
Ham  
Roast  
Sausage  
Tenderloin  
\_\_\_\_\_  
\_\_\_\_\_

### Seafood:

Crab legs  
Fish \_\_\_\_\_  
Scallops  
Shrimp  
\_\_\_\_\_  
(most seafood has been  
previously frozen)

### Canned Meat

Chicken  
Corned Beef  
Ham  
Salmon  
Tuna  
Vienna Sausage  
\_\_\_\_\_  
\_\_\_\_\_

### Seasonings:

Celery Salt  
Cinnamon  
Garlic Powder  
Garlic Salt  
Ginger

## Oils:

Cooking Spray  
Olive Oil  
Vegetable Oil  
\_\_\_\_\_  
\_\_\_\_\_

### Dressings:

Blue Cheese  
French  
Italian  
Ranch  
Thousand Island  
Vinegar  
\_\_\_\_\_  
\_\_\_\_\_

### Snacks:

Candy  
Cookies  
Crackers  
Nuts  
Micro. Popcorn  
Potato Chips  
Pretzels  
Raisins  
Granola Bars  
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\_\_\_\_\_  
\_\_\_\_\_  
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### Soups:

Chicken & Rice  
Chicken Noodle  
Cream of Broccoli  
Cream of Celery  
Cream of Chicken  
Cream of Mushroom  
Tomato  
Vegetable  
Vegetable Beef  
Vegetable Chicken  
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### Breads:

Biscuits  
Hamburger  
Hot Dog  
French  
Italian  
Rolls  
Wheat  
White

## Italian:

Spaghetti Sauce  
Tomato Paste  
Tomato Sauce  
Angel Hair Pasta  
Elbow Macaroni  
Lasagna Pasta  
Rotelle Pasta  
Shells Pasta  
Spaghetti Pasta  
Vermicelli Pasta  
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## Mexican:

Green Chilies  
Refried Beans  
Salsa  
Spanish Rice  
Tacos  
Tortillas-  
  Corn/Flour  
Tortilla Chips  
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## Packaged:

Baking Powder  
Baking Soda  
Brown Sugar

## Brownie Mix

Cake Mix  
Cocoa  
Cornstarch  
Flour  
Jell-O  
Oatmeal  
Pancake Mix  
Rice  
Sugar  
Vanilla Extract  
\_\_\_\_\_  
\_\_\_\_\_

## Breakfast Cereals

## Baby Items:

Diapers  
Formula  
Lotion

**Canned Vegetables:**

Asparagus  
 Carrots  
 Corn  
 Green beans  
 Peas  
 Potatoes  
 Tomatoes

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**Beans:**

Baked Beans  
 Butter Beans  
 Garbanzo Beans  
 Green Beans  
 Kidney Beans  
 Pinto Beans  
 Pork n Beans  
 String Beans

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**Frozen:**

Broccoli  
 Carrots  
 Corn  
 Dinners  
 French Fries  
 Ice Cream  
 Lasagna  
 Mixed Vegetables  
 Peas  
 Pizza  
 Tater Tots

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**Medicine:**

Antacid  
 Band-Aids  
 Cough Drops  
 First Aid Cream  
 Hydrogen Peroxide  
 Lip Balm  
 Pain-Reliever  
 Rubbing Alcohol  
 Sunscreen

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**Seasonings Con't**

Nutmeg  
 Onion Powder  
 Oregano  
 Paprika  
 Parsley  
 Pepper  
 Salt

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**Condiments:**

BBQ Sauce  
 Honey  
 Horseradish  
 Jelly  
 Ketchup  
 Mayonnaise  
 Mustard  
 Peanut Butter  
 Salsa  
 Soy Sauce  
 Syrup  
 Worcestershire

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**Miscellaneous:**

Batteries size \_\_\_\_\_  
 Camera Film  
 Disposable camera  
 Light Bulbs  
 Playing Cards  
 VCR Tapes

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**Toiletries:**

Anti-Bacterial Soap  
 Deodorant  
 Dental Floss  
 Feminine Products  
 Mouthwash  
 Petroleum Jelly  
 Razors  
 Shampoo  
 Conditioner  
 Shaving Cream  
 Soap  
 Toothbrush  
 Toothpaste  
 Lotion

**Beverages**

Apple Juice  
 Coffee  
 Milk  
 OJ no pulp/pulp  
 Soft Drinks  
 Sports Drinks  
 Tea  
 Water

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**Dairy:**

Butter  
 Cheese  
 Cottage Cheese  
 Cream Cheese  
 Creamer  
 Eggs  
 Margarine  
 Milk 1%/2%/Whole  
 Sliced Cheese

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Sour Cream

Yogurt

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Paper:

Foil  
 Freezer Bags  
 Napkins  
 Paper Towels  
 Plastic Wrap  
 Sandwich Bags  
 Storage Bags  
 Tissue  
 Toilet Paper  
 Trash Bags  
 Wax Paper  
 Yard Bags

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Oil  
 Rash Cream  
 Shampoo  
 Wipes

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**Baby Food:**

Apple Juice  
 Applesauce  
 Bananas  
 Beef  
 Carrots  
 Chicken  
 Dinners  
 Green Beans  
 Mixed Veg.  
 Peaches  
 Pears  
 Squash  
 Sweet Potato  
 Veal

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**Cleaners:**

Air Freshener  
 Bleach  
 Dishwasher  
 Detergent  
 Dishwashing Soap  
 Dryer Sheets  
 Furniture Polish  
 Glass Cleaner  
 Laundry Detergent  
 Scrub Brush  
 Sponges  
 Towels

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**Tobacco Products**

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**Beer/Wine/Liquor**

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**Bagels from Colorado Bagel Company:** Asiago & Black Pepper, Blueberry, Chocolate Chip, Cinnamon Raisin, Cranberry Walnut, Frisco (cinn/sugar), Garlic, Italian, Jalapeno Cheddar, Onion, Parmesan Pesto, Plain, Poppy, Pumpernickel, Salt, Sesame, Sundried Tomato, Sunflower, Whole Wheat & Honey